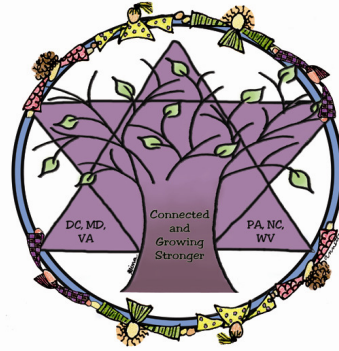




WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM

מדידות Seaboard Soundings



Volume XXIII

Issue 1

Elul 5769

September 2009

REGION WOMEN ATTEND WOMEN'S LEAGUE LEADERSHIP INSTITUTE

The Women's League Leadership Institute was held in Northbrook, IL, July 26-28, 2009. Together, the 33 women from Sisterhoods across the United States, participated in lectures, seminars and study groups that combined acquiring both leadership skills and Jewish knowledge. They studied with Rabbis Vernon Kurtz and Aaron Melman, and Educator Barbara Barnett. They defined their own leadership styles in dynamic inter-active workshops and created personalized leadership paths for the future.

The expectation is that those who attend this and future Leadership Institutes will forge a new generation of leaders for the women of the Conservative Movement, women who are well prepared and Jewishly knowledgeable. "The purpose of the Institute," said Cory Schneider, Women's League International President, "is to strengthen the foundation of leadership in the organization as well as to empower Conservative Jewish women to assume active roles in their communities."



Being selected to go to WLLI was an incredible honor and privilege. Whether in a classroom setting, a guest lecturer's presentation, or in personal conversation, WLLI provided me the opportunities to learn from the experiences and ideas of the WLCJ leaders, trainers, guest speakers, and my fellow classmates, as well as learning how to build on my strengths and previous experiences as a manager. Additionally, it was wonderful to meet with members of other Sisterhoods from around the country and have a beginning to many new friendships. Our host synagogue, Beth Shalom was so gracious and accommodating.

Beth Horton

Beth Israel Sisterhood, Owings Mills, MD

A line from Lynne...



We are mid-*Elul*, the final month of the Jewish calendar 5769. For some, your main agenda is getting your child or children off to college or back to school. For many, this time of the year also includes menus, shopping lists, seating arrangements, etc. For others, it is just a phone call or email to “see what I need to bring.” As women of the Conservative movement, we are focused on making the start of 5770 a good one, complete in every detail.

The month of *Elul* is also a month of reflections and forgiveness. We are inspired to reach out to others—to offer an “olive branch” if there is a chance that a wrong has been done.

Are these routine annual responsibilities connected in some way?

I do see several opportunities for each of us to enhance our spiritual experience during this holiday season. If you have a son or daughter in another city (or country) that won’t be able to join your family, contact your local college or university (maybe medical school at your local hospital) to ask about Jewish students or staff that might need a Jewish connection. One or two more at a holiday table can transform your own family’s experience (and there will be less leftovers!).

You can “open” the door to distant family and friends who have had a rough year with health and/or financial challenges. This small gesture can mean so much to them **and you**. Forgiveness is not resolved overnight, but in small increments. A “yes” to an invitation, as well as the invitation itself, are the building blocks of a new relationship.

All of the above can be considered part of Women’s League’s mission to perpetuate Conservative Judaism. They are efforts to make our traditional experiences connect to the Torah’s *mitzvot* in the most meaningful way and expose the newer generations to holiday celebrations filled with warmth, friendship, forgiveness and good food.

Seaboard Region is committed to providing the resources to enhance the Conservative movement in your communities. Our new website, the weekly Shabbat messages, and the Women’s League updates all will offer information that can be disseminated to your memberships and afford them connections, at various levels, on how 5770 can be a year of meaning and fulfillment for each one.

I wish you all “*leshanah tovah umetukah!*”

Lynne Lichtig

Save the Date	
Thursday, November 12, 2009	An Evening with Maggie Anton, author of <i>Rashi's Daughters</i> at Olam Tikvah
Sunday, January 31, 2010	Region Education Day
Sunday, March 21, 2010	Torah Fund Event (new date) at Har Shalom
Sunday, April 11, 2010	Region Spring Event in Richmond, VA
May/June 2010	Region "Surprise" TBA

A quick reminder to ALL Sisterhood Presidents: Please send in the profile information for our Seaboard directory to Sue Taffet. It can be emailed (suetaffet@aol.com) or "snail" mailed (14402 Nadine Drive, Rockville, MD 20853) For more information, please call Sue at: 301-460-5403



SEABOARD REGION, WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM



Presents an Evening with

Maggie Anton

Author of *Rashi's Daughters*



Thursday, November 12, 2009
Congregation Olam Tikvah
3800 Glenbrook Road
Fairfax, VA 22031

Registration, Meet and Greet,
Book Signing, 7:30pm

Evening Minyan, 8:00pm



Presentation, Q&A, Book Signing, 8:20pm

RSVP: Form must be received by October 26 if ordering books. Otherwise, by Sunday, November 1.

Cost for the Evening: \$10.00 for Sisterhood members and \$15.00 for non-members (payment must accompany registration). Please make checks payable to: Seaboard Region WLCJ.

Maggie's Books - Interested in purchasing Book 1 – Joheved, Book 2 – Miriam, or Book 3 – Rachel? Please fill out the form below and include the ADDITIONAL COST of each book you wish to order with your covert.

Information: Call Susan Coren at (703) 280-9401 or e-mail: susancoren@yahoo.com

Directions: 495 to Exit 52 (Rte 236/Little River Tpke), Follow ramp to Fairfax (West on Rte 236), At the 5th traffic light, you will see the Northern Virginia JCC on your right. Pass the JCC, pass the Fire Station on the right and the signs for the Ridgelea neighborhood. You will then see a very small, white Church on the right hand side. Just after that Church is Glenbrook Road. It comes up quickly on the right and there is only a small turn lane. Make the right onto Glenbrook Road and travel most of the way down. You will pass Denise Lane on the left and then shortly after that you will see the entrance to Olam Tikvah on the left.

Please tear off, mail with check payable to Seaboard Region WLCJ to:
Susan Coren, 3812 Winterset Drive, Annandale, VA 22003.

Name _____ Sisterhood _____

E-mail _____ Phone _____

Order Books:	Book 1 – Joheved,	quantity _____	x \$12.00	= \$ _____
	Book 2 – Miriam,	quantity _____	x \$12.00	= \$ _____
	Book 3 – Rachel,	quantity _____	x \$12.00	= \$ _____

Registration fee – Sisterhood Members **\$10.00**

Registration fee – Non-Members **\$15.00**

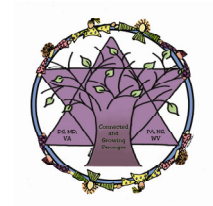
Total Enclosed: \$ _____

WOMEN'S LEAGUE FOR CONSERVATIVE
JUDAISM



In conjunction with The Jewish Theological Seminary
A program of continuing education for Conservative Women

WOMEN'S LEAGUE INSTITUTE Fall Semester, 2009
SEABOARD REGION



Teacher: Abigail Kogen, Coordinator of Congregational Education of
Chizuk Amuno and daughter of Lisa Kogen, Program Coordinator
of WLCJ

Topic: “SILENCED VOICES: Re-examining Women in the Bible”

When: November 5th, November 19th, December 3rd, December 10th,
December 17th

Thursdays from 8:00 P.M. to 9:30 P.M.

Where: Chizuk Amuno Congregation
8100 Stevenson Road
Baltimore, Maryland 21208

Open to all members of Women's League Sisterhoods

Tuition: \$60

Please make check payable to “Seaboard Region, WLCJ” and send to
Barbara L. Lichter, Chair, 7111 Park Heights Avenue #204, Baltimore, MD
21215. For information: 410-764-9636, leibowitzbarbara@netscape.net

Please return this portion by October 15th.

Name
Phone
Address
Email
Sisterhood

Seaboard Region WLCJ by Area

Area #1—Baltimore – Pennsylvania

Adat Chaim	Reisterstown, MD
Beth El	Baltimore, MD
Beth El	Harrisburg, PA
Beth Israel	Owings Mills, MD
Beth Shalom	Columbia, MD
Chizuk Amuno	Baltimore, MD
Chisuk Emuna	Harrisburg, PA
Kol Shalom	Annapolis, MD
Ohev Shalom	York, PA
Shaare Tikvah	Waldorf, MD

Area #2 – DC – Metro

Adas Israel	Washington, DC
Beth El	Montgomery Co., MD
B'nai Israel	Rockville, MD
B'nai Shalom	Olney, MD
B'nai Tzedek	Potomac, MD
Har Shalom	Potomac, MD
Har Tzeon-	
Agudath Achim	Silver Spring, MD
Kehilat Shalom	Gaithersburg, MD
Kol Shalom	Bethesda, MD

Ohr Chodesh	Chevy Chase, MD
Shaare Tefila	Olney, MD
Tifereth Israel	Washington, DC
Tikvat Israel	Rockville, MD

Area #3 -- Northern Virginia--Richmond

Agudas Achim	Alexandria, VA
Beth El	Richmond, VA
Beth Emeth	Herndon, VA
Etz Hayim	Arlington, VA
Olam Tikvah	Fairfax, VA
Or Atid	Richmond, VA

Area #4 – North Carolina – Tidewater -- Roanoke

Bayt Shalom	Greenville, NC
Beth El	Norfolk, VA
Beth Israel	Roanoke, VA
Beth Meyer	Raleigh, NC
Gomley Chesed	Portsmouth, VA
Rodef Shalom	Hampton, VA
Temple Israel	Norfolk, VA

Important Parliamentary Procedure Update

Reminder to Sisterhood Presidents and Parliamentarians: this is the ideal time to review and revise Sisterhood Bylaws. Women's League has distributed new Model Bylaws for Sisterhoods which include some significant changes, especially with regard to new policy offering Sisterhood membership for non-Jewish women. Before deciding whether your Sisterhood wants to consider this policy you must discuss it with your rabbi. **The rabbi of the synagogue is the mara d'atrah (religious authority) for each sisterhood and must be consulted before instituting this policy.**

Even if you are not considering the membership issue, it is a good idea to review your bylaws every few years. Sometimes, they no longer reflect the realities in your Sisterhood. You can best accomplish this task through appointment of a Parliamentarian and a Bylaws Revision Committee.

Model Bylaws for Sisterhoods are intended to serve as guidelines for the organization. To be sure that any adjustments you may wish to make fall within the Women's League guidelines, the **Region Parliamentarian must review any proposed changes to the bylaws before they are voted on by the Sisterhood membership.** Therefore, please send me a copy of your bylaws, along with any proposed amendments, as soon as they have been prepared (email is great).

If you have a Parliamentarian, please send me her name and contact information. I look forward to receiving and reviewing your bylaws in the very near future.

Myra Promisel
 Seaboard Region Parliamentarian
mpromisel@comcast.net; 202-265-0196



SAVE THE DATE

Women's League for Conservative Judaism Seaboard Region



Torah Fund High Tea

*Sunday, March 21, 2010
Half Past Three O'clock
Congregation Har Shalom
11510 Falls Road
Potomac, Maryland 20854*



*Toby B. Holtzman, Vice President
WLCJ Seaboard Region Torah Fund Campaign*

*Leagrams are sent to members of Seaboard Region and Women's League by
Linda Rosenberg, Communication Secretary*

June/July

Mazel Tov and Welcome to Rabbi Alysa Stanton-Congregation Bayt Shalom,
Greenville, NC

Mazel Tov to Lynne and Larry Lichtig- 40th Wedding Anniversary

Thank you to Margie Miller for the wonderful Board Orientation

Mazel Tov to Lynne and Larry Lichtig-birth of granddaughter Maya Raine

Condolence to Barbara and Sandy Snyder on the loss of daughter Arlene Snyder Majier (Barbara is a Past
Branch President Eastern, PA and, originally from Harrisburg, now in Rockville, MD)



WOMEN'S LEAGUE AND SHARSHERET TEAM UP

Women's League has become an active partner of Sharsheret, a national organization supporting young Jewish women and families in their fight against breast cancer. Last winter several suggestions for educational programs to mark October, National Breast Cancer Awareness Month, were sent out as pages for the Sisterhood Planner. Now, Women's League has become a proud sponsor of Team Sharsheret and will be joining thousands of women and men in Walks and Races for the Cure around the country. To find an event in your area, visit either of these sites: www.komen.org/findarace.aspx or www.cancer.org/docroot/par/PAR_2_Making_Strides_Against_Breast_Cancer.asp.



For more information about organizing a breast cancer awareness event or guidance on putting together a group of walkers or runners, contact Ellen Kleinhaus at ekleinhaus@sharsheret.org. Tell her you're part of the Women's League Team for Sharsheret.

Hold the date
October 18, 2009

Women's League Annual Meeting and Mini Symposium on the Environment

Los Angeles County Arboretum
Shabbat programming at
American Jewish University

FROM THE PAC
Program Advisory Committee

L'shana Tova Tikateivu

News from Women's League...

Conservative Movement

PRINCIPLES OF OUTREACH

The following principles were adopted by the Leadership Council of Conservative Judaism

As members of the Conservative movement, we welcome all who wish to become involved in our programs, synagogues, services, and institutions.

We are committed to fostering Jewish marriage and family life. We offer couples and families the support and resources to create Jewish homes and to practice and grow in Judaism.

We welcome interfaith couples. Their loving commitment to one another enriches us, as does their participation in our congregations. We seek to share with them the gifts of our faith, practices, learning and fellowship.

We embrace the Jewish partners of interfaith families. We help them to strengthen their knowledge and observance of Judaism, and to deepen their connections to the synagogue, the Jewish community, and the Jewish people.

We actively seek to nurture and support the spiritual journey of non-Jewish partners who join us, to deepen their connections to the synagogue, the Jewish community and to the Jewish people, and to inspire them to consider conversion.

We joyously partner with all who join us in creating homes rich in Jewish tradition and in raising children as learned and committed Jews.

To access the new movement keruv brochure and Tools for Building a Culture of Keruv, visit our website at www.wlcj.org/Resources.

New to Women's League DISTANCE WORKSHOPS

Women's League provides fabulous training on a variety of topics covering every area of sisterhood business and leadership development.

But Women's League knows that the great training it offers isn't always convenient to attend. And that is why we have created new **Distance Workshops**. This innovative program uses the technology of conference calls and online services to bring our advice, tips & tricks, and first-hand experience directly into your home.



In addition to saving you time and money, you will be able to apply your new knowledge immediately, not only in your sisterhood—where you will find ways to increase membership and expand participation and involvement -- but in your personal and professional life as well!

Topics include the basics, such as budgeting and programming, and the more personal, such as the Mitzvah Yomit initiative and welcoming non-Jews into our communities.

There is no charge but pre-registration is necessary. Participation is limited to members of Women's League. For questions or to register, email distance@wlcj.org, or log on to our website at www.wlcj.org.

HELP IS JUST A CALL AWAY

Are you having difficulty finding new leaders? Do you have a committee that's not functioning or a mid-term vacancy? Do you have trouble accessing sisterhood funds? Do you have other ticklish questions, unsolvable problems, difficult situations?

Women's League Training Services are here to answer your questions, hold your hand, train your leaders, educate your members, mentor your president, consult with your officers! Contact the **Women's League Help Line** at 800.628.5083 or help@wlcj.org, Monday through Thursday, 9:30 AM to 4:30 PM (Eastern Standard Time). An experienced trainer will respond within 48 hours.

CALL FOR RESOLUTIONS

We are in the process of developing resolutions to be proposed for action at the annual Women's League meeting in October 2009. We want to hear from you about issues that merit our consideration and action, issues of interest to the Jewish community in general and Jewish women in particular. Resolutions are vitally important since they become the basis for any positions that Women's League takes on issues facing the American Jewish community. Your input is essential to our deliberations.

Please send your proposals before the end of August either to Ann Goldman, Executive Director (agoldman@wlcj.org), or Rita C. Altman, Public Policy Chair (altmanrc1@verizon.net).

MISSION TO ISRAEL 2009

3 destinations for the cost of one

Rome, Italy • Israel • Petra, Jordan

Why do one when you can do all three?

November 1-15, 2009

Call 212.870.1260 for information

LOOKING FOR A FEW GOOD PROGRAMS

Has your sisterhood created a new program or project that you would like to share with the rest of Women's League? Please send the information, including any graphics, publicity, or materials to:

Education Department
Women's League
475 Riverside Drive, Suite 820
New York, New York 10115

Or email Education Director Lisa Kogen at lkogen@wlcj.org.

What's on WWW.WLCJ.ORG

You won't believe what you'll find when you log onto the Women's League website! You can download for free:

Ways to the Means
Blueprint for Membership
Membership Magnets
Z'havah Planner
Divrei Hokhmah
Mitzvah Yomit
Installation and trigger scripts
Guide for the Nominating Committee, Parliamentary Guide, Model By Laws
Writing Advocacy Letters
Gemilut hasadim pocket cards
Bulletin spots, flyers, and logos
Art from the Sisterhood Planner

We would love to hear about your Sisterhood. Please send articles to Miriam Golob, Medidot Editor at golobfamily@comcast.net. The deadline for the next issue is December 1, 2009. L'shana Tovah!